



Starting over separate ways

Parting is such sweet sorrow, they say. But do you need a change? Stuck in a rut? No better time than with a New Year lurking to reassess your life goals and make the positive changes you need. Need help – try 'The Separated Woman's Guide to a Bright Future', by Annette Jones.

Hot off the press, this book helps both women and (men) rethink their lives, relationships and happiness. Not designed to make you separate but make you make separate decisions, sorting out money matters, asset protection and all the big \$\$\$ ticket items. Annette then focuses on the change, fun, and works with you through to a new start and the dreaded 'D' word, 'Dating'.

Annette says, "With two marriages to my credit and countless life searching and goal setting, I wrote this book to help other women and (men) who are about to or already are going through the same thing."

"Purpose without focus and action are merely dreams. It's that magic key "action" for without any, nothing happens, goals aren't achieved and dreams aren't realised. To take action there has to be a certain amount of focus, a concentrated effort towards the thing that is wanted," she said.

"My book has been written with all the positive energy that comes from a happy fulfilled life, even the positive energy of the cover (artwork and Feng Shui by Chris Brazel (Change4U)," she said.

Change4U guru Chris Brazel said, "I loved working with Annette and sharing her journey to create her new book, "The Separated Woman's Guide to a Bright Future". It was an honour to design the front cover, illustrations and the colour combinations."

"There are so many women out there who are in difficult situations who just need a little encouragement to help them move on with their lives. Annette has some wonderful tips and information in her book for any female who has either just left a relationship or is thinking about leaving a relationship," Chris said. "I wish Annette all the best for her wonderful book and the encouragement, motivation and inspiration that she can give to women."

Reader Lynette said, "I was lucky enough to receive my copy of this wonderful book as a gift from friends. I am constantly referring back to sections of the book that pertains mostly to me. I felt so empowered after my first reading. I lost sight of myself for long an now its "me" time."

The book comes with a downloadable Exploration Journal to help you start your journey. Annette is also available for personal consultation sessions and motivational speaking. Visit www.theseparatedwomansguide.com to go your separate way. For more information on Annette Jones and 'The Separated Woman's Guide to a Bright Future', contact Annette directly on her website or Louise Van Ristell at ProfilePR on 0407557701.

